BIBLIOGRAPHY OF PUBLICATIONS
ON
FOOD AND NUTRITION
1847—1988

by
T. W. WIKRAMANAYAKE
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INTRODUCTION

This bibliography is the result of a request made by participants of a WHO-Sponsored Workshop for Strengthening of the National Nutrition Research Programme, organised by the Medical Research Institute in April, 1988. There has been no documentation of writings on food, nutrition and related topics, although these subjects have been researched on for over a century. Many of the present-day researchers are unaware of what has been done before. There is also duplication of work in several laboratorises because of a lack of awareness of research in progress elsewhere in the country.

Publications indexed here are those on food, nutrition and on the relationship between nutrition and health, agriculture, economics and education, and on food and nutrition policy planning, by Sri Lankans and non-Sri Lankans working in Sri Lanka, and by Sri Lankans on research done outside Sri Lanka.

ARRANGEMENT

The bibliography consists of a subject section and an author index. Under each subject heading entries are listed in chronological order according to the year of publication. Subject indexing has been done according to title and, in some cases, after examination of the text. References have been listed under broad headings as far as possible.

The bibliographical elements included in each entry are listed in the following order:

For books, monographs, reports:

author, title of publication, place of publication, publisher, year of publication, pagination.

For periodical articles:

author, title of article, journal title or abbreviation, volume number, year, pagination.

A few entries have been incorporated without complete information on pagination.

METHOD

All available medical periodicals and non-medical science periodicals have been indexed. References were obtained by scanning publications, by requesting lists of publications from researchers and from the existing bibliographies on medical science.
Only full length publications have been indexed, abstracts of communications to learned societies and references to presentations at meetings and seminars (without subsequent publication of the paper), and newspaper articles, being excluded.

The following bibliographies have been consulted:

(1) Selected bibliography of literature on family health education and health behaviour in Sri Lanka, compiled by The Library Documentation Division, National Science Council of Sri Lanka, in collaboration with the Health Education and Publicity Bureau, Ministry of Health, June, 1974.

(2) Bibliography of scientific literature relating to Sri Lanka, First supplement, compiled by N A W A T Alwis. 
Colombo : Social Science Research Centre, National Science Council of Sri Lanka, 1979

(3) Bibliography on the Sri Lanka Child, compiled by Manil Silva.
Colombo : Sri Lanka IYC Secretariat, 1979

Colombo : Social Science Research Centre, National Science Council of Sri Lanka, 1980

(5) Food consumption and nutritional status in Sri Lanka :—
A selected bibliography, compiled by the Marga Institute.
Marga Vol. 6 (4) 1982 100—108

Colombo : Ceylon College of Physicians, 1983

(7) A bibliography of research, Faculty of Medicine, Peradeniya, 1962—1987, compiled by Lakshman Karaliedde, December, 1987


compiled by S R Koralie and R Gunawardena,
The following abbreviations have been used for periodicals published in Sri Lanka:

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<tr>
<th>Abbreviation</th>
<th>Magazine Name</th>
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<tr>
<td>CDJ</td>
<td>Ceylon Dental Journal</td>
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<tr>
<td>CJCH</td>
<td>Ceylon Journal of Child Health</td>
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<tr>
<td>CJMS</td>
<td>Ceylon Journal of Medical Science</td>
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<tr>
<td>CJS (D)</td>
<td>Ceylon Journal of Science, Section D</td>
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<tr>
<td>CJS (G)</td>
<td>Ceylon Journal of Science, Section G</td>
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<tr>
<td>CMJ</td>
<td>Ceylon Medical Journal</td>
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<tr>
<td>CJSM</td>
<td>Colombo Medical Students’ Journal</td>
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<tr>
<td>JAOG</td>
<td>Journal of the Association of Obstetricians and Gynaecologists of Ceylon</td>
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<tr>
<td>JCBBMA</td>
<td>Journal of the Ceylon Branch of the British Medical Association</td>
</tr>
<tr>
<td>JCBRAS</td>
<td>Journal of the Ceylon Branch of the Royal Asiatic Society</td>
</tr>
<tr>
<td>JCCOG</td>
<td>Journal of the Ceylon College of Obstetricians and Gynaecologists</td>
</tr>
<tr>
<td>JCCP</td>
<td>Journal of the Ceylon College of Physicians</td>
</tr>
<tr>
<td>JCGH</td>
<td>Journal of the Colombo General Hospital</td>
</tr>
<tr>
<td>JCHC</td>
<td>Journal of the Children’s Hospital, Colombo</td>
</tr>
<tr>
<td>JCOGA</td>
<td>Journal of the Ceylon Obstetrics and Gynaecology Association</td>
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<tr>
<td>JCPHA</td>
<td>Journal of the Ceylon Public Health Association</td>
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<tr>
<td>JJCS</td>
<td>Journal of the Jaffna Clinical Society</td>
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<td>JMJ</td>
<td>Jaffna Medical Journal</td>
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<tr>
<td>JMRI</td>
<td>Journal of the Medical Research Institute</td>
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<td>JNSCSL</td>
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<td>JPASL</td>
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<td>MP</td>
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<td>SLFP</td>
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<td>SLP</td>
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<td>TCCP</td>
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<td>TDOGP</td>
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<td>TSMOH</td>
<td>Transactions of the Society of Medical Officers of Health, Ceylon</td>
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ADULT NUTRITION AND HEALTH

0001 de Zilwa L
Some observations on the time food remains in the stomach.
J C B B M A Vol. 15 1918 36.

0002 Bibile S W, Cullumbine H, Kirthisinghe C, Watson R S, Wikramanayake T W
The variation, with age and sex, of blood pressure and pulse rate for Ceylonese subjects.
C J S (D) Vol. 6 1949 79—82.

Red blood cell, haemoglobin, white blood cell and blood sugar standards for Ceylonese adults.
C J S (D) Vol. 6 1949 83—92.

0004 Bibile S W, Cullumbine H, Watson R S, Wikramanayake T W
The health of University students in the tropics.
C J S (D) Vol. 6 1949 151—156.

0005 Cullumbine H
Some health statistics for the Ceylonese.

0006 Cullumbine H
Analysis of vital statistics of Ceylon.

0007 Cullumbine H, Basnayake V, Kottegoda S R.
A description of some effects produced by residence at moderate altitude.
C J S (D) Vol. 8 1951 63—81.
(Rbc counts and Hb concentrations at different altitudes)

0008 Cullumbine H
A survey of disabling illness in Ceylon.
Bull Wld Hlth Org Vol. 7 1952 405—429.

0009 Cullumbine H
The health of a tropical people. 1. Methods of assessing health.
Lancet i 1953 1090—1092.

0010 Cullumbine H
The health of a tropical people. 2. Environment, health and physique.
Lancet i 1953 1144—1147.
(height, weight, plasma volume, extracellular fluid, fat and cell mass of 50 healthy young male adults).
0011 Cullumbine H
The health of a tropical people. 3. Income and health.
Lancet i 1953 1193—1196.
(food consumption, energy intake, birth weight, morbidity rates)

0012 Cullumbine H
The health of a tropical people. 4. Eastern and Western medicine.
Lancet i 1953 1245—1247.

0012a Koch A C E
The vital capacity of university students.

0013 Wikramanayake T W
Nutritional status of medical students in Colombo.
In: Student Health in Asia.

0014 Dias P L R, Ravindran
The maximal oxygen uptake of Sri Lanka athletes.

0015a Piyasena R D, Weerasekera D W, Reginald G J, Wikramanayake T W
The effect of oral contraceptive therapy on the hypothalamic pituitary adrenal axis in normal females as assessed by dynamic tests.

0015b Herath K B, Wimalawansa, S J, Wikramanayake, T W, Piyasena R D
Estimation of total body water and water turnover rate in Sri Lankans.

0016 Peiris, Rosalind G X
A study of the physical characteristics and nutritional status of new entrants to the University of Colombo.

0017 Langford C M
Sex'differentials in mortality in Sri Lanka since the 1920.
Peiris Rosalind G X, Fernando Dulitha N, Abeywickrema K
Variations in nutrition status indicators among students in relation to their socio-economic status.

AFLATOXINS

Arsecularatne S N, de Silva L M, Bandunatha C H S R, Tennekoon G E,
Wijesundara S, Balasubramanian K
The use of tadpoles of Bufo melanosticus (Schneider), Rhacophorus leucomystax maculatus (Gray) and Uprodon sp. in the bioassay of aflatoxin.

Arsecularatne S N, de Silva L M, Bandunatha C H S R
Coconut as a medium for the experimental production of aflatoxin.

Balasubramanian K, Wijesundera S, Arsecularatne S N, Tennekoon G E
Effect of aflatoxin on rat liver lysosomes.
Toxicon Vol. 7 1969 159—161.

Arsecularatne S N, de Silva L M
Aflatoxin contamination of coconut products.
C J M S Vol. 20 1971 60—75.

Arsecularatne S N, Bandunatha C H S R
Variation of aflatoxin content of cultures of Aspergillus flavus with duration of incubation and its relation to studies on aflatoxin production.

Samarajeewa U
Aflatoxins in coconut products.

Samarajeewa U
Mycotoxins in coconut—based human and animal foodstuffs.
Ph D. Thesis, University of Peradeniya, 1975

Samarajeewa U, Gamage T V, Arsecularatne S N
Spontaneous and experimental aflatoxicosis in goats.
Research in Veterinary Sci Vol. 19 1975 269—

Samarajeewa U, Arsecularatne S N, Bandunatha C H S R
Absence of varietal and “form ” differences in coconut in respect of aflatoxin accumulation.
0028 Samarajeewa U, Jayatillake C L V, Ranjithan A, Gamage T V, Arsecularatne S N
A pilot plant for the detoxification of aflatoxin B•1 contaminated coconut oil
by solar irradiation.

0029 Samarajeewa U, Arsecularatne S N
Methods for assay of aflatoxin in coconut products.

0030 Arsecularatne S N, Samarajeewa U, Weliange L V
Inhibition of aflatoxin accumulation in smoked substrates.

0031 Samarajeewa U, Arsecularatne S N, Bandunatha C H S R
Degradation of aflatoxin in coconut oil and copra meal (poonac).

0032 Arsecularatne S N, Weliange I V
A composite medium for the standardised measurement of aflatoxin accumula-
ting capacity of in vitro culture systems.

0033 Jayatilaka A D P , Kirupanathan S
An electron microscope study of the liver in the Rhacophorus leucomystax
(Gray) tadpole after treatment with aflatoxin B 1.

0034 Samarajeewa U, Gamage T V, Arsecularatne S N
Aflatoxin contamination in coconut oil from small scale mills: Toxin levels
and their relation to the free fatty acid content.

0035 Samarajeewa U, Arsecularatne S N
A survey of aflatoxin contamination of coconut products in Sri Lanka:
Incidence, origin and recommendations.

0036 Gamage T V, Samarajeewa U, Wettimuny S G de S, Arsecularatne S N
Non-toxicity to ducklings of solar-irradiated coconut oil contaminated with
aflatoxin.
0037 Breckenridge, Chandra, Arsecularatne S N
Laboratory studies in parboiled and raw rough rice and their milling fractions as substrates for the production and accumulation of aflatoxin.

0038 Breckenridge, Chandra, Samarajeewa U, Arsecularatne S N
Aflatoxin contamination and moisture levels in Sri Lankan market rice.

AMINO ACIDS

0039 Baptist N G
The metabolism of some tryptophan derivatives.
C J S (D) Vol. 6 1949 71—72.

0040 Baptist N G
Amino acid analysis of cereal protein: the nitrogen and threonine contents of Ceylon cereals.

0041 Baptist N G
Amino acids in legumes.
Nature Vol. 170 1952 76 (communication)

0042 Baptist N G
Correlation between food intake and requirements of essential amino acids for the human adult.
C M J Vol. 2 1953 82—84.

0043 Baptist N G
Determination of essential amino acids in some Ceylon vegetables.

0044 Baptist N G
Essential amino acids of some common tropical legumes and cereals.
Br J Nutr Vol. 8 1954 218—222.

0045 Baptist N G, de Mel B V
Growth and amino-acid intakes of children on a cereal-legume-vegetable diet.
0046 Wikramanayake T W, de Silva C C, Fernando P V D, Jayawickrema Lalitha
Lysine supplementation of rice and milk diet fed to children recovering from kwashiorkor and undernutrition.

0047 Hettiarachchi N S
Excretion of cystine by rat liver.

0048 Young V R, Perera W D A, Winterer J C, Scrimshaw N S
Protein and amino acid requirements of the elderly.
In: M Winnick, ed. Nutrition and Aging
New York: John Wiley and Sons 1975 77—118.

0049 Perera W D A
Protein and amino acid requirements of man.

0050 Canagaratna M C P, Vaz S M, de Silva M S, de Soysa ADC, Nanayakkara JDAP
Urinary hydroxyproline in malignancies involving bone.
CJMS Vol. 28. 1985 19-21

ANTHROPOMETRY

0051a Kynsey W R, Mac Donald J D
Professor Virchow's ethnological studies of the Sinhalese race (read before the Anthropological Society of Berlin, 17th January, 1885): translation.
(Contains anthropometric data on 7 Sinhalese and 2 Indian Tamils, members of a Caravan that visited Berlin in 1883).

0051b Sarasin C F, Sarasin P B
Outline of two year's researches in Ceylon.
J C B R A S Vol. 9 (No. 32) 1886 289—305.
(contains anthropometric data on Sinhalese, Tamils and Veddas.)

0052a Hill W C O
Anthropology of the Veddaahs

0052b Hill W C O
The physical anthropology of the existing Veddaahs of Ceylon.
C J S (G) Vol. 3 (2) 1941 25—235
0053 Nicholls L
A nutritional survey of the poorer classes in Ceylon.
C J S (D) Vol. 4 (1) 1936 1—70.
(Data on heights and weights of children, rate of growth, weight at birth, diets of school-children, vital statistics, clinical conditions attributable to dietary deficiency, dental hypoplasia and caries, the influence of nutrition on the prevalence of malaria and hookworm infestation).

0054 Chanmugam P K
Anthropometry of Sinhalese and Ceylon Tamils.
C J S (G) Vol. 6 1949 1—17.

0055 Cullumbine H
The muscular development of the people of Ceylon.

0056 Cullumbine H
The heights of Ceylon people.
C J S (G) Vol. 6 1949 47—51.

0057 Cullumbine H
The physique of the people of Ceylon.
C J S (G) Vol. 6 1949 33—45.

0058 Cullumbine H
The influence of environment on certain anthropometric characters.

0059 Cullumbine H
The relationship between anthropometric and physiological characters.
C J S (D) Vol. 6 1949 177—179.

0060 Cullumbine H
Some health statistics for the Ceylonese.
(includes particulars of height, weight, nutrition index etc. of the Ceylonese child).

0061 Cullumbine H
Relationship between body build and capacity for exercise.
J Applied Physiol Vol. 2 1949 3—

0062 Gunasekera D B, Mahadeva K
Heights and weights of Ceylonese children.
C M J Vol. 4 1957 81—98.
0063 Stoudt H W
The Physical Anthropology of Ceylon.
(based in part on data on all ethnic groups in Ceylon, collected between 1937 and 1939 by J R de la Haule Marett, Assistant in Ethnology, Colombo National Museum).
Ceylon National Museums, Ethnographic Series, Publication No. 2.

0064 de Silva C C, Gunaratne C D H
Heights and weights of well babies and pre-school children of Colombo as compared with those of the U.S.A.

0065 de Mel Beatrice V
Age-height-weight tables for boys and girls.
In : Health and Nutrition, 35—54

0066 FNPPD
Sri Lanka nutrition surveillance programme : statistics on child nutrition.
(Gomez vs. Waterlow classification, z scores).

0067 Balasuriya S, Fernando M A
Anthropometric study of school children in three districts of Sri Lanka.
C'M J Vol. 31 1986 21—34.

0068 Lucas G N, Samarasuriya K, Perera W
Construction of tentative height-for-age and weight-for-age charts for Sri Lankan school children.

0069 Fernando Dulitha N, Rajapaksa Lalani C
Study of anthropometric indices used in identifying beneficiaries of food supplementation programmes.

0070 Balasuriya Premalatha
Anthropometric study of medical students.

0070a Kandiah R, Wikramanayake T W
Applicability of NCHS height-for-age and weight-for-age reference values to Sri Lankan school children.
0070b Abeysekera J D A, Shahavaz H.
Body size data of Sri Lankan workers and comparison with other populations in the world: its impact on the use of imported goods.
See also 0010, 0223, 0278

ATHEROSCLEROSIS

0071 Wikramanayake T W, Panabokke R G
The relationship between diet and atherosclerosis in Ceylon.

0072 Obeysekera, I
Dietary fat, serum cholesterol and ischaemic heart disease in Ceylon.

0073 Fernando P B, de Siva W A S, Kanagarajah M, Seneviratne B I B, Rajasuriya K
Coronary atherosclerosis and coronary heart disease in Ceylon.

0074 Wallooppillai N J, Athukorale D P
Myocardial infarction in young Ceylonese.

0075 Wijayawardhana U D
Diet and coronary heart disease.

0076 Sentheshamunganathan S
Lipidaemias—a research review.

0077 Atukorala T M S, Gunarathna F H C S, Ekanayake R A I, Wijayawardhana U D
LDL—Cholesterol and HDL—Cholesterol in ischaemic heart disease.
C M J Vol. 31 1986 9—14

0078 Atukorala T M S, Gunarathna F H C S, Ekanayake R A I
Total cholesterol : albumin ratio as an alternative indicator of risk of cardiovascular disease.
0079 Atukoralal T M S, Jayawardene M I F P
Cholesterol content of high density lipoprotein subfractions as an indicator of risk of coronary heart disease.

BIRTH SIZE

0080 Das Gupta B C
A study of neonatal record cards with special reference to the weight of the child at birth.
T S M O H Vol. 4 1935 79—89.

0081 Cullumbine H
Some factors which influence birth weight.

0082 de Silva C C, Kotagama L S, Fernando P V D
Preliminary report on the prematurity level at the de Soysa Maternity Hospital, Colombo.
Indian J Child Health Vol. 7 1958 890—

0083 Abhayaratne O E R, de Fonseka T E J
Birth weights of Ceylonese babies.

0084 de Silva C C, Fernando P V D, Gunaratne C D H
The search for a prematurity level in Colombo, Sri Lanka.

0085 Amarasinghe P H
A search for the “Ceylon Premature Baby”.

0086 Amarasinghe P H
A new classification of births.

0087 Dissanayake P
An obstetrician’s view of the baby.

0088 Perera M A L R
A preliminary investigation into the recording of births in the Health Area of Kadugannawa.
0089 Soysa Priyani E, Jayasuriya D S
Birth weight in Ceylonese.

0090 Wikramanayake T W, Samaranayake L P, Dissanayake S
Socio-economic status and the feto-placental unit.
CMJ Vol. 22 1977 100—108.

0091 de Silva L V K, Dissanayake S, Wikramanayake T W
The relationship between birth weight and maternal weight.
CMJ Vol. 23 1978 71—75.

0092 Dissanayake S, de Silva L V K
Transferrin in maternal and cord blood : The relationship with birth weight.

0093 Perera T, Khim Maung Lwin
Perinatal mortality and morbidity, including low birthweight-a South East Asia Regional profile.
New Delhi : WHO SEARO.
(A collaborative hospital and community-based prospective study on the determinants of perinatal mortality and morbidity, in 5 countries. Includes maternal nutrition factors affecting outcome of pregnancy.)

0094 Wimalawansa S J, Wikramanayake T W
The ratio birth weight to maternal weight as an index of maturity of the infant.
CMJ Vol. 30 1987 39—44.

0095 Perera R S
The aetiology of low birth weight in a plantation population.
Thesis submitted for the degree of Doctors of Medicine (Community Medicine) to the Postgraduate Institute of Medicine, University of Colombo, 1988.

0096 CMC
Birth weight surveillance programme.
Colombo Municipal Council/MRI/UNICEF.
(information on births, deaths, infant mortality, maternal mortality, general sanitation, communicable disease incidence, birth weights, immunization programme, during the period 1979—1986).

See also 0011, 0053, 0892, 0893
BREAST MILK AND BREAST FEEDING

0097 Gunasekera D B, Wijesingha G S
Composition of breast milk of some Ceylonese mothers, with a note on the age of weaning in Ceylon.

0098 Fernando M A
Breast feeding in Ceylon: preliminary report of a study of 22,520 females.

0099 de Mel Beatrice V
The volume and composition of breast milk of Ceylon mothers receiving known diets.
C J C H Vol. 2 1964 77—94.

0100 Skara Arild, Skara B
(Pattern of breast feeding and weaning practices among 27 mothers interviewed).

0101 H E B
Early discontinuance of breast feeding of infants by mothers.
Research and Evaluation Workshop, Jan. 20—29, 1975

0102 Dissanayake S, Samaranayake L P, Wikramanayake T W
Human cord blood and colostrum: immunoglobulin levels.

0103 Lionel N D W
Drugs in breast milk.
The Practitioner Vol. 1 1977 12—
The Prescriber Vol. 6 (1) 1978 10—18.

0104 Department of Census and Statistics
Breast feeding.
0105 de Silva C C
Breast milk is best for babies.

0106 Wikramanayake T W
The uniqueness of breast milk.

0107 Ferry B
Breast Feeding: comparative studies.
(A comparative analysis of the World Fertility Survey. Sri Lanka was included among 19 countries considered).

0108 FNPPD
Publication No. 13 pp. 35

0109 Soysa Priyani
Promotion of breast feeding and appropriate weaning.

0110 Fernando Dulitha N, Soysa Priyani E
Lactational amenorrhoea and contraceptive practice.

0111 Soysa Priyani E, Fernando Dulitha N, Abeywickrema K
Role of health personnel in the promotion of breast feeding practices.
J Trop Paed Vol. 34 1988 75—78.
See also 0218.

CHILD CARE

0112 Peiris W S J
Child welfare and infant mortality.
J C B B M A Vol. 21 1924 133—152.

0113 Ekanayake H C
Medical inspections of Schools in Ceylon.
J C B B M A Vol. 21 1924 84—85.
0114 Abhayaratne O E R
The care of childhood in Ceylon.

0115 Das Gupta B C
Care of the child in Ceylon

0116 Wickremasinghe W G
Care of childhood in Ceylon.

0117 Wickremasinghe W G
Care of childhood in Ceylon.

0118 Sandrasagara M J A
Prevention of diseases of infancy: Sixty years of progress.

0119 Abeyratne L O
The growth and development of child care.

0120 Fernando G P S
Care of the mentally and physically handicapped child.
Probation and Child Care J Vol. 1 1961 34–42.

0121 Miranda E H
The neglected child.
C J C H Vol. 3 1965 3–12.

0122 de Siva C C, Visvanathan Nalis
Mother your baby, 4th ed.
Colombo: 1968 pp 64.

0123 Soysa Priyani E
The effective care of the child.

0124 Ranasinghe Anne
Immunisation and vaccination.
In: Love, sex and parenthood,
0125 Fernando Marina W
Report on a baseline survey of the shanty at Kirillapone, pp 49.
Colombo : Marga Institute 1979

0126 de Alws Karunaratne Leela
Child care in general practice.

0127 Sivagnanasunderam C, Nugegoda D B
Study of registered ayurvedic practitioners in a few M.O. H. Divisions in Kandy District on their role in maternal and child care and family planning.

0128 UNICEF

0129 Marga Institute

0130 UNICEF
The child in the estate area.

0131 Wijemanne Hiranthi
UNICEF and primary health care in Sri Lanka.
C J C H Vol. 11 1980 31—34.

0132 Dias Malsiri

0133 Siriwardena S S A L
Rural poor and child care services in a modern irrigation settlement.

0134 Jayawardena Kumari
The plantation sector in Sri Lanka : recent changes in the welfare of children and women.
0135 Jayasekera Lakshmi
The exodus of young mothers to the Middle East:
Care of the children left behind.

0136 de Silva Wimala

0137 Soysa Priyani, Fernando Dulitha
Child care and the employed mother.

CHILD DEVELOPMENT

See also ANTHROPOMETRY

0138 Vaithialingam V
A case of early menstruation
J CB BMA Vol. 10 1913 7—8.

0139 Cullumbine H
A development grid for Ceylonese children.
CJS(D) Vol. 6 1949 143—150.

0140 Peiris R
Character formation in the evolution of the acquisitive society.
Psychiatry Vol. 15 1952

0141 Strauss M A
Childhood experience and emotional security in the context of Sinhalese social organisation.

0142 Webster G, de Saram G S W
Estimation of age from bone development : observations on a study of Ceylon school children of the ages 4—8 years.
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<tr>
<td>0146</td>
<td>Age of menarche</td>
<td>Wilson Dagmar, Sutherland I</td>
<td>Br med J ii, 1950, 12—67</td>
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